



NEWS Release

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FOR IMMEDIATE RELEASE
FEBRUARY 11, 2021

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LIFEGUARD TRAINING PROGRAM AT COMMUNITY AQUATIC CENTER

ROCKPORT, TX – The Community Aquatic & Skate Park, in conjunction with the American Red Cross, will host a lifeguard training program in February and March at its facility, located at 2001 Stadium Drive. Interested individuals should be able to complete a 300-yard swim doing the front crawl and breast stroke and tread water for a minimum of two minutes using legs only.

Prior to enrolling in the class, individuals must complete a skills test of the criteria listed above, as well as a timed 20-yard swim and the retrieval of a weight from a 7-10 ft. depth. The skills tests will be held from now until February 27 and reservations must be made in advance and a \$50 deposit is required.

Upon successful completion of the skills test, the individual may enroll in the class, which takes place from 8:30 am -6 pm on Saturday, February 27; noon – 6 pm on Sunday, February 28th; 8:30 am – 6 pm on Saturday, March 6th; and noon – 6 pm on Sunday, March 7th.

The cost for the program is \$65 for ages 11 – 14, who will receive Junior Lifeguard certification. Individuals 15+ years of age will receive Lifeguard and CPR certification for \$285

For more information, contact the Community Aquatic and Skate Park Tuesday – Saturday at 361-727-9989.